



Bower Hill Lunch Menu

December 2019

2
No School

3
Cheese Pizza
Cheeseburger
All American Chef Salad
Chicken Ranch Wrap

Baked Beans
Diced Pears

4
Chicken Soft Tacos
Italian Cheese Dunkers
All American Chef Salad
Chicken Ranch Wrap

Seasoned Corn
Pineapple Tidbits

5
Pancakes & Sausage
Grilled Cheese
All American Chef Salad
Chicken Ranch Wrap

Steamed Broccoli
Applesauce

6
Sausage/Egg/Cheese Bagel Melt
Chicken Nuggets/Breadstick
All American Chef Salad
Chicken Ranch Wrap

Green Beans
Diced Peaches

9
Pizza Sticks & Sauce
Boneless BBQ Wings
Grilled Chicken Salad
Italian Hoagie

French Fries
Mandarin Oranges

10
Pizza Hut Pizza
Chicken Quesadilla w/ Rice
Grilled Chicken Salad
Italian Hoagie

BBQ Pinto Beans
Diced Pears

11
Nachos Grande
Hot Dog
Grilled Chicken Salad
Italian Hoagie

Corn
Grapes

12
Waffles & Sausage
Ham & Cheese Melt
Grilled Chicken Salad
Italian Hoagie

Green Beans
Apple Slices

13
Rainbow Flatbread
Macaroni & Cheese
Grilled Chicken Salad
Italian Hoagie

Steamed Broccoli
Diced Peaches



16
Chicken Mashed Potato Bowl/Breadstick
Mini Corn Dogs
Popcorn Chicken Salad
Breakfast Muffin Pack

Tater Tots
Fruit Cocktail

17
Personal Pizza
Bacon Cheeseburger
Popcorn Chicken Salad
Breakfast Muffin Pack

Baked Beans
Diced Pears

18
Doritos Walking Taco
Italian Cheese Dunkers
Popcorn Chicken Salad
Breakfast Muffin Pack

Corn
Pineapple Tidbits

19
French Toast Sticks & Sausage
Grilled Cheese
Popcorn Chicken Salad
Breakfast Muffin Pack

Seasoned Carrots
Applesauce

20 **National Cookie Day**
Pasta w/ Meatballs
Chicken Nuggets/Breadstick
Popcorn Chicken Salad
Breakfast Muffin Pack

Peas & Carrots
Diced Peaches

23
No School

24
No School

25
No School

26
No School

27
No School

30
No School

31
No School

Lucky Tray Day Prize
Curly Straw




Rainbow Flatbread




Daily Features:

- Grab N Go Flatbread Pizza Kit
- Yogurt Parfait
- WG Pretzel/Cheese Stick/Trix Yogurt
- Chicken Patty Sandwich
- SunButter & Jelly Sandwich
- Apples, Oranges & Bananas



Be on the lookout!

Ace travels to Egypt this month!



Veggies May Include:

- Baby Carrots, Broccoli Florets,
- Red Pepper Strips, Cucumber Slices,
- Grape Tomatoes & Celery Sticks

Available Daily:

- Fat-Free and 1% white milk as well as
- Fat-Free flavored milk choices

This institution is an equal opportunity provider.

We are looking for Cafeteria Substitute Workers!
Please contact Food Service @ 724-941-6251 x 7226

